



## Collectif Pour le Respect de l'Animal Eating vegetarian in Strasbourg

### **What does *eating vegetarian* really mean?**

The one who declares him/herself being **vegetarian** does not eat animals. He or she does not consume meat, neither from mammals nor poultry, nor seafood. The vegetarian excludes the cooking methods including animal fat such as animal oil and lard although he generally consumes by-products of animals such as milk, cheese, eggs... while the one who declares him/herself being **vegan** does not consume meat nor animal by-products and thus consumes no animal products at all.

The restaurants are rated from 1 to 5 🥕 based on the effort made to satisfy the vegetarian clientèle – the criteria are: the number of vegetarian dishes served, but their quality and their nutritional balance too (the protein content, the presence of cereals...).

### **Exclusively vegetarian restaurants**



**Restaurant Au Potiron**  
24, rue Sainte Madeleine - 03 88 35 49 86

*Open daily, except Sunday, from noon to 2:00 PM and from 7:00 PM to 10:00 PM.*

In an intimate atmosphere the former chef of the Italian Embassy in Budapest, offers you a warm welcome and proposes delicious Italian specialities created from the finest Mediterranean ingredients: a large variety of original pizzas (with the choices of red or white wine sauces, or light crusted pizzas), vegetable gratin with or without vegetarian sausages or soya proteins, salads et pasta. Vegans can be accommodated with gratins of choice on request and a range of pizzas will soon be available. All ingredients derived from soya are guaranteed from biological agriculture outlets as are the fruits, tea and the coffee. For non-vegetarians, the restaurant offers the opportunity to discover vegetarian meals! Please reserve.

### **Non exclusively vegetarian restaurants**



**Une Fleur des Champs**  
4 rue des Charpentiers Strasbourg - 03 90 23 60 60

*Open from Tuesday to Saturday from noon to 2:00 PM and from 7:00 PM to 10:00 PM.*

Natural diet is the theme at this new restaurant which associates vegetarian dishes and fish based ones. Products coming from local or Italian organic farming, fresh and local vegetables, prepared at the very last minute, rinsed with mineral water, everything adds up to preserve the quality and taste of the food and for a very reasonable price. You may choose a dish à la carte (including a pizza with vegetables) or the very colourful and changing menu “des champs”, an assortment of vegetables, cereals and pasta, composed with seasonal products. Icing on the cake: a mini-grocery store with organic farming products. You have to discover it!



**Restaurant Au Cèdre**  
**1 rue St Gothard - 03 88 25 14 69**

Open daily from 11:30 AM to 2:00 PM and from 7:00 to 11:00 – Closed on Saturday noon and Sunday noon

Le Cèdre is renowned for its Lebanese cooking. More than half of the list happens to be vegetarian, so why bothering? You may return there a second time, a third time and as many times you wish!



**Restaurant Beyrouth**  
**39 rue du Polygone - 03 88 84 92 99**

*Open daily from noon to 2:30 PM and from 6:30 PM to 10:00 PM (10:30 on Friday and Saturday) – Closed on Sunday.*

Vegetarian and/or Vegan will appreciate their dish ! While ordering, do not hesitate to express your preferences; those will be taken care of – satisfaction guaranteed! You may enjoy Lebanese dishes, rich in vegetables such as vegetarian 'couscous', mashed chick-peas, lentils, salads with various vegetables... All of this in an oriental ambiance!



**Restaurant Le Crocodile**  
**10 rue de l'Outre - 03 88 32 13 02**

*Open from noon to 1:30 PM and from 7:30 PM to 9:30 PM – Closed on Sunday and Monday (except on Eastern, Pentecost-Whitsun, and on Sundays in December).*

High place for gastronomy, le Crocodile suggests many vegetarian dishes : a wide range of delightful tasted vegetables such as “tapenade tile” and other specials to appreciate in an elegant and charming atmosphere. While ordering, express your wish to your host so that the Chef can prepare a selection of assorted vegetables according to the daily market, only for you.



**L'Olivier**  
**60 rue de Zurich Strasbourg - 03 88 36 33 80**

Open from Monday to Saturday from 11:30 AM to 2:00 PM and from 7:00 PM to 10:30 PM

Here, the specialities are Palestinian; oriental cooking that puts the emphasis on vegetables and legumes. Convivial and animated, this restaurant proposes a particularly interesting and attracting formula to vegetarians: every evening, buffet *à volonté* with a vast choice of cold starters, each equally appetizing!



**Restaurant Le Kammerzell**  
**16 pl. de la cathédrale - 03 88 32 42 14**

*Open Daily from noon to 11:00 PM*

In a historical building, with over-look on the cathedral, the famous Kammerzell house proposes refined vegetarian dishes to be discovered and tasted.

Mushrooms, vegetable 'mousses' and other vegetable specialities are suggested. Ask for advice.

 **Restauration rapide Secrets de Table**  
**39 rue du 22 Novembre - 03 88 210 910**

Open from Monday to Saturday from 8:30 AM to 6:00 PM – Closed on Sunday

It is up to you to discover those secrets... In the middle of this friendly and comfortable restaurant, marrying fast-food with enormous snacks, vegetarians will appreciate sandwiches of candied vegetables, artichokes or ratatouille, soup and salads... The whole of high status and originality where it is difficult to be tired of !

Secrets de Table is The quality fast food or better named The quality fast restaurant!

 **Restaurant Le Douri**  
**12 rue Ernest Munch - 03 88 35 71 42**

*Open from Monday to Saturday from noon to 2:30 and from 6:00 to 10:00 – Closed on Sunday*

Korean specialities are highlighted at attracting prices ! The menu includes vegetarian dishes, but you can ask for other plates without meat (cooked with a vegetable bouillon have we been assured. You can taste the pancakes, doughnuts, raviolis, soy soup, fried noodles, steam vegetables, and displayed in a stockpot made of stone.

 **La Plouzinette**  
**6 place St Etienne - 03 88 35 47 06**

*Open from 11:30 AM to 2:30 PM and from 6:30 PM to 10:30 PM - Closed on Sunday and Monday at noon*

A cool little pancake snack restaurant which definitively will bring some of you back to childhood, with these little menu lists presented under the form of a comic book. Since the pancake itself is made of pasta with eggs cooked in butter it is not possible to get vegan pancakes. Nevertheless, there is a wide range of variety of vegetarian and delightful pancakes at La Plouzinette.

 **Restaurant/Hôtel PAX**  
**24-26 Fbg National - 03 88 32 14 54**

*Open from Monday to Friday - Service from noon to 2 :00 PM and from 7 :00 PM to 9 :30 PM - Closed on Saturday and Sunday, except at the request from groups.*


Alongside its hotel vocation, the PAX offers a quality restoration which includes a daily vegetarian menu : vegetarian “couscous”, “amuse-bouches” with champignons, “picatta” of zucchini... The restaurant serves at noon and in the evening and does not lack of reputation.

The vegetarian gourmet will not be disappointed.

 **Brasserie La Bourse**  
**pl de Lattre de Tassigny - 03 88 36 40 53**

*Open daily from noon to 2:30 PM and from 7:30 to 11 :00 PM*


The restaurant de La Bourse is famous... so it is for the vegetarians ! A list with vegetarian food will be proposed to you and if such is not the case, ask for it! That way you can taste a delicious “tarte flambée” without bacon – those are not vegan however – or the “croustades” of little vegetables. Besides, you still can ask for a little salad among the variety quoted at the entrance.

 **La Casserole**  
**24 rue des Juifs - 03 88 36 49 68**

*Open from Tuesday to Friday from noon to 1:30 PM and from 7:30 PM to 9:00 PM.  
Open on Saturday in the evening from 7:30 PM to 9:00 PM.*

The new owners of La Casserole emphasizes the quality and innovation of little meals which are suggested to the vegetarian customers. Those dishes are composed of fresh vegetables accorded to the season. Ask for the Chef's vegetarian specialities: “mille-feuilles” of vegetables as starter and 'risotto' with mushrooms after.

Why not ?

**Restaurant La Ruche aux Deux Reines** (*Number of  carrots not evaluated yet*)  
**34, Rue de la Course 67000 Strasbourg - 03 88 24 07 36 et 06 59 85 56 02**

This restaurant informed us about its vegetarian offer : « at least 25 % of the menu card, plus the meatless Monday ! »

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## Schiltigheim

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 **Restaurant Taj Mahal**  
**20 rue principale, 67300 Schiltigheim - 03 88 33 50 05**

*Open from Monday to Friday from noon to 2:00 PM and on Saturday and Sunday from 6:30 PM to 10:30 PM*

A simple and friendly restaurant, a few kilometres from Strasbourg. A warm welcoming and a real desire to satisfy your wishes. Like every good oriental restaurant, Taj Mahal proposes vegetarian made-to-measure plates. You also can ask to get neither milk nor butter added in your meal and this to adapt the meal to your personal choice. It is recommended to book before going there.

**GOOD APPETITE!**

**NB** : *Updating this (non-exhaustive) list reviewed on Thursday, 4 Nov. 2015 won't be carried out on a regular basis anymore. Please consult the website created and managed by L214: [www.vegOresto.fr](http://www.vegOresto.fr)*